Refined Structure of the Nicotinic Acetylcholine Receptor at 4 Å Resolution

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We present a refined model of the membrane-associated Torpedo acetylcholine (ACh) receptor at 4 Å resolution. An improved experimental density map was obtained from 342 electron images of helical tubes, and the refined structure was derived to an R-factor of 36.7% (R_free 37.9%) by standard crystallographic methods, after placing the densities corresponding to a single molecule into an artificial unit cell. The agreement between experimental and calculated phases along the helical layer-lines was used to monitor progress in the refinement and to give an independent measure of the accuracy. The atomic model allowed a detailed description of the whole receptor in the closed-channel form, including the ligand-binding and intracellular domains, which have not previously been interpreted at a chemical level. We confirm that the two ligand-binding α subunits have a different extended conformation from the three other subunits in the closed channel, and identify several interactions on both pairs of subunit interfaces, and within the α subunits, which may be responsible for their “distorted” structures. The ACh-coordinating amino acid side-chains of the α subunits are far apart in the closed channel, indicating that a localised rearrangement, involving closure of loops B and C around the bound ACh molecule, occurs upon activation. A comparison of the structure of the α subunit with that of AChBP having ligand present, suggests how the localised rearrangement overcomes the distortions and initiates the rotational movements associated with opening of the channel. Both vestibules of the channel are strongly electronegative, providing a cation-stabilising environment at either entrance of the membrane pore. Access to the pore on the intracellular side is further influenced by narrow lateral windows, which would be expected to screen out electrostatically ions of the wrong charge and size.

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Introduction

The nicotinic ACh receptor is a member of the pentameric “Cys-loop” superfamily of transmitter-gated ion channels, which includes neuronal ACh receptors, GABA_A receptors, 5-HT_3 receptors and glycine receptors. The channel is found in high concentrations at the nerve–muscle synapse, where it mediates fast chemical transmission of electrical signals in response to ACh released from the nerve terminal into the synaptic cleft. It is a large (290 kDa) glyco-protein, assembled from a ring of homologous subunits (α, γ, α, β, δ) and divided into three domains: a large N-terminal extracellular ligand-binding domain, a membrane-spanning pore, and a smaller intracellular domain, giving it a total length of about 160 Å normal to the membrane plane. The ligand-binding domain shapes a long, ~20 Å diameter central vestibule and has two binding sites for ACh, which are about 40 Å from the membrane surface on opposite sides of the pore. The pore makes a narrow water-filled path across the membrane and contains the gate, which opens when ACh occupies both binding sites. The intracellular domain shapes another, smaller vestibule, having narrow lateral openings for the ions. The receptor subunits in the ligand-binding location are α, γ, and δ.

Abbreviations used: ACh, acetylcholine; AChBP, ACh-binding protein; MIR, main immunogenic region.

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domain are each organised around two sets of β-sheets packed into a curled β-sandwich and joined through the disulphide bridge forming the Cys loop, as was shown by the structure of the closely related soluble protein, AChBP.6 The ACh-binding sites lie at the α-γ and α-δ subunit interfaces, and are contributed mainly by residues from loops A, B and C, connecting β-strands in the α subunits.7–9 The subunits in the membrane-spanning domain are each made from four α-helical segments (M1–M4).10 The helical segments are arranged symmetrically, forming an inner ring of helices (M2), which shape the pore, and an outer shell of helices (M1, M3 and M4), which coil around each other and shield the inner ring from the lipids. In the closed channel, the inner ring of helices come together near the middle of the membrane to make a constricting hydrophobic girdle, which constitutes an energetic barrier to ion permeation11,12 and may function as the gate of the channel.10,13 The subunits in the intracellular domain each contribute one α-helix (part of the M3–M4 loop), which together make the wall of the vestibule.14

Insight into the structural mechanism of gating has been obtained by electron microscopical experiments on helical tubes grown from Torpedo postsynaptic membranes,15,16 using a rapid spray-freezing technique to mimic the synaptic release of ACh and trap the open-channel form.17 These experiments showed that binding of ACh initiates two interconnected events in the ligand-binding domain. One is a local disturbance in the region of the ACh-binding sites, and the other a larger-scale conformational change, involving rotational movements predominantly in the two α subunits. The inner M2 helices also change their configuration in response to ACh, widening the lumen of the pore at the middle of the membrane. Higher resolution studies of the extended conformational change18 and of the structure in the membrane10 suggested a simplified mechanical model for the channel opening mechanism, whereby ACh triggers rotations of the inner β-sheets of the α subunits and the twisting movement, communicated through the inner helices, breaks the gate apart.

In addition to the structural details, summarised above, the roles played by individual amino acid residues in determining the ligand-binding, gating and cation-conduction properties of the ACh receptor have been extensively characterised by chemical labelling and by site-directed mutagenesis experiments combined with electrophysiological study of function.19–28 Other experiments of this kind, performed on GABA_A, glycine, 5-HT_3 and neuronal α7 receptors constitute a wealth of complementary information.

We report here a preliminary three-dimensional framework for relating these biochemical and physiological data, based on refinement of a 4 Å structure obtained from electron images of the tubular Torpedo membranes frozen in a near-physiological ionic environment.10 The refined model enables a detailed description of the whole receptor in the closed-channel form, including the ligand-binding region and vestibular entrances, which have not previously been interpreted at a chemical level. We confirm that the two ligand-binding α subunits have a different extended conformation from the three other subunits in the closed-channel form of the receptor.18 and identify

Figure 1. Packing of receptors in the p2 tubular surface lattice. (a) View down the axis of a single receptor and (b) view from the side, parallel with the membrane plane. Individual receptors are embedded in a curved lipid matrix and come closest to each other at radial 2-fold axes (asterisks in (a)). A disulphide bridge between cysteine residues of neighbouring δ subunits lies at one such axis (blue asterisk); the C loops of neighbouring α subunits (γ) lie at the other (red asterisk). The direction of the tube axis and location of the membrane are indicated in (a) and (b), respectively. The cysteine residues at the 2-fold axis are the penultimate residues of the δ subunits (see Figure 5), and are in a region of weak densities where the polypeptide chain could not be traced (broken line in (a)). Individual subunits are in different colours (α, red; β, green; γ, blue; δ, light blue).
several interactions at the subunit interfaces, and within the z subunits, which may be responsible for their “distorted” structures. The ACh-binding site itself, which was not correctly identified in the 9 Å map,12 shows many features that are apparent in the structure of AChBP. However, the organisation of the B and C loops at the binding site of the closed channel differs from that in AChBP, where ligand is present, indicating that the binding reaction is accompanied by a local structural rearrangement. A comparison of the two structures suggests how the local rearrangement associated with ACh binding stabilises the alternative open-channel form of the receptor. Given our improved understanding of this initial step, it is now possible to sketch a complete picture of the series of coordinated events leading to opening of the channel. Finally, we discuss the role of the vestibules, the ionic surfaces of which create a strongly electro-negative environment at either entrance of the narrow membrane pore.

Results

Structure refinement

The original 4 Å data set was from 359 images of tubes,10 grown from Torpedo marmorata postsynaptic membranes.15 The tubes have four distinct helical symmetries, with individual molecules arranged on a p2 surface lattice15 such that the inside of the tube corresponds to the inside of the cell.29 The receptors come closest to each other near radial 2-fold axes (Figure 1(a)). A disulphide bridge between the δ subunits of neighbouring receptors30,31 lies near the membrane at one such axis; the z-subunit C loops of neighbouring receptors lie ~40 Å from the membrane at the other (Figure 1(b)). We chose to refine the receptor structure using standard crystallographic methods, by neglecting these minimal interactions and placing the experimental densities corresponding to a single molecule into an artificial unit cell (see Methods). To validate this approach, we monitored the agreement between the phases along layer-lines obtained by Fourier transformation of the images and the equivalent phases calculated from model tubes. The helical phase residual, comparing the experimental and calculated terms, provided an independent objective measure of the accuracy of the structure.

A starting model of the receptor was built from the coordinates of partial structures determined in earlier studies and from z-helical segments fitted to the densities shaping the intracellular vestibule (see Methods). Starting sets of phases were also calculated from these coordinates after incorporating them into models of each of the four kinds of tube. More detailed coordinates were substituted later. While at first the coordinates and hence the models were incomplete and only approximate, reductions in the crystallographic R-factors, paralleled by lower helical phase residuals, showed that the models became more accurate as the refinement proceeded.

As a preliminary step in the refinement, we used the phases calculated from the model tube structures as a reference to assess and optimise the quality of the original data set. The model-derived phases provided a more sensitive test of the signal retained in the images at high resolution than the previous reference, which had been derived solely from the images. In this way, we found that elimination from each helical family of a fraction of the layer-lines, the amplitudes along which were dominated by noise (see Methods), improved the quality of the data significantly (Table 1). Elimination of 17 “bad” images, for which the Fourier phases showed no significant correlation with calculated values at resolutions better than 11 Å also brought about some improvement (Table 1). It appeared that these images contributed disproportionately large amplitude errors as a result of overlap of terms along the layer-lines (see Methods).

The refinement of the structure was performed by first treating the inner and outer β-sheet fragments, the membrane-spanning portion and the intracellular z-helices of each subunit as separate rigid units. A major drop in R_free and in the helical phase residuals (Table 1) was achieved by reducing the a and b unit cell dimensions (lying parallel with the membrane plane). The values of these parameters and the positional alignments were carefully optimised by several cycles of rigid-body refinement, minimising R_free. The decrease in the a and b unit

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Amplitude-weighted phase differences; resolution range, 100−4 Å; number of Fourier terms used for each estimate, ~1.1 × 10^7. (1) Initial model: inner and outer sheets of ligand-binding domain, membrane-spanning domain, intracellular MA helices. (2) Elimination of noisy layer-lines from original data (see Methods). (3) Elimination of bad images (17 out of 359). (4) Rigid-body refinement of fragments and domains; refinement of unit cell. (5) Molecular dynamics energy minimisation; modelling of loop regions; manual adjustments of side-chains.
cell dimensions as a result of the optimisation was 2.6%, implying that the averaged structure composing the tubes was at a smaller radius than it appeared in the images. A minor degree of flattening probably contributed this effect, since departure from a circular cross-section would cause the Fourier amplitudes to fall off more rapidly in the radial direction, a result suggested by the values obtained for the overall anisotropic temperature factors ($B_{11} = -21.3 \text{ Å}^2$; $B_{22} = -21.3 \text{ Å}^2$; and $B_{33} = 42.6 \text{ Å}^2$, where $B_{33}$ refers to this direction).

Additional improvements were obtained by several cycles of molecular dynamics refinement, using energy minimisation and backbone hydrogen-bond restraints, followed by manual rebuilding and extension of loop regions, in O. The final $R$-factors were: $R_{\text{cryst}} = 36.7\%$; $R_{\text{free}} = 37.9\%$ (Table 2). At these values the phase residuals had reached their minimum values, implying that the best accuracy of structure, limited by the resolution and by the amplitudes determined from images, had been achieved. The quality of the density map had enabled placement of 80% of the 2335 amino acid residues, the missing residues being located mostly in the M3–M4 intracellular loop, but also in the $\beta7$–$\beta8$ loops of the non-$\alpha$ subunits, and the C termini (12 and 17 residues) of the $\gamma$ and $\delta$ subunits. However, several of the loop regions were poorly defined compared with the rest of the structure, making the tracing in these regions less reliable and precluding detailed interpretation. The refinement

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Figure 2. Examples of polypeptide chains superimposed over the densities in different regions of the experimental density map. (a) This is a view of the “upper” part of the helix M2 ($\beta$ subunit) in the original map (PDB entry 1OED), and (b) is the same region (including the $\beta1$–$\beta2$ loop) after refinement and improvement of the density map (see Methods); the residues K46 and E45 of the $\beta1$–$\beta2$ loop lie over the M2–M3 linker, and D268 is a component of the extracellular ring of negative charge. (c) The main immunogenic region (MIR) of the $\alpha$ subunit next to $\delta$ ($\alpha\delta$) and the adjacent $N$-terminal $\alpha$-helix, as viewed from the synaptic cleft; the labelled residues W67–D71 contribute most to the antigenicity of the MIR (see Figure 5). (d) The helix MA ($\gamma$ subunit), shaping the intracellular vestibule of the channel, as viewed from the adjacent $\alpha$ subunit; charged residues are labelled (see also Figures 7 and 8(b)). Contours are at 2$\sigma$. |
led to relatively modest changes in membrane-spanning structure (rmsdCα = 0.8 Å) compared with the original model. The final refined model showed no residues (except for Gly) having dihedral angles in the disallowed region of the Ramachandran plot.

Examples of the polypeptide chains superimposed on the experimental densities are given in Figure 2. Figure 2(a) and (b) compare details of a membrane-spanning helical segment (M2 of the β subunit) in (a) the original model, and (b) after the refinement. As is typical of the membrane-spanning region, the positions of most of the side-chains have not changed much as a result of the refinement; on the other hand, the densities have improved, giving better definition for the bulky hydrophobic and extended side-chains. Thus we now have greater confidence that the assignments made in the original study were correct, even if at the present resolution the conformations of individual side-chains cannot be determined.

In a density map from a helical structure, the signal-to-noise ratio may vary, depending on distance from the helix axis: at high radius, high-order Bessel terms are mainly responsible for the density variations, and the retention of these terms depends on the accuracy of distortion corrections; at low radius, the spatial overlap of different Bessel orders, which increases with resolution, becomes a potential source of additional noise. However, we now find that the large side-chains are defined with roughly equal clarity at either end of the structure (Figure 2(c) and (d)), making it unlikely that these effects have seriously compromised the overall quality of the map.

**Three-dimensional density map**

**Architecture and fold**

The receptor is composed of elongated subunits, which associate with their long axes approximately normal to the membrane, creating a continuous wall around the central ion-conducting path. The whole assembly presents a rounded, nearly 5-fold symmetric shape when viewed from the synaptic cleft (Figure 3(a)), but is wedge-shaped when viewed parallel with the membrane plane (Figure 3(b)).

The subunits of the receptor all have a similar size (maximum dimensions 30 Å × 40 Å × 160 Å) and the same three-dimensional fold. Figure 4 illustrates this fold, as viewed in face-on and side-on orientations relative to the axis of the channel. Each subunit is a three-domain protein and so partitions the channel naturally into its ligand-binding, membrane-spanning and intracellular parts. The N-terminal, extracellular portion is built around a β-sandwich core consisting of ten β-strands (inner sheets, blue; outer sheets, red) and contains one α-helix, like the protomer of AChBP. This portion also contains several loop regions (e.g. the loops A, B and C, the Cys loop and
1–2 loop), which are critical for receptor function. The membrane-spanning portion is composed of four $\alpha$-helical segments, M1–M4, and the functionally important M1–M2 and M2–M3 loops. It is joined covalently to the extracellular domain at the end of M1, and also interacts, through M2–M3, with the $\beta_1$–$\beta_2$ and Cys loops. The intracellular portion is composed mainly of the stretch of sequence between M3 and M4, and includes a curved $\alpha$-helix, MA,34 which precedes M4. Most of the rest of M3–M4 (i.e. M3–MA) appears to be disordered and is not seen in the structure.

Figure 5 shows how the structural elements of the $\alpha$ polypeptide chain are organised in relation to the amino acid sequence. The aligned $\beta$, $\gamma$ and $\delta$ chains have the same organisation, and their corresponding three-dimensional structures closely resemble that of the $\alpha$ chain, except in some short non-conserved regions (e.g. in the $\beta_8$–$\beta_9$ and C loops).

Symmetry

The approximate 5-fold symmetry of the receptor was examined further by determining the angles required to achieve optimal least-squares superposition of the subunits around the pentamer. Deviations from 5-fold were found to be smallest in the membrane-spanning domain, where each subunit assumed an orientation lying within 2° (s.d. = 1.61°) of the value required for exact register with a 5-fold-averaged structure. These deviations appeared to be a consequence of structural variations (which are most pronounced with M410) arising from the non-identical amino acid sequences. However, the deviations from 5-fold were greater in the ligand-binding domain, because the two $\alpha$ subunits achieved exact register at rotation angles quite different from those of the other three. Using superpositions of the 190 most closely matched Cα atoms, for example, the deviations were: $\alpha_\gamma = -3.17^\circ$; $\beta = +0.85^\circ$; $\gamma = +2.71^\circ$; $\delta = +3.71^\circ$; $\zeta = -4.08^\circ$ ($\alpha_\gamma$ is the $\alpha$ subunit next to $\gamma$; minus is anticlockwise, viewed from the synaptic cleft). Hence there is an apparent anticlockwise rotation of the $\alpha$ subunits relative to the non-$\alpha$ subunits in the ligand-binding domain. This apparent rotation reflects the fact that the $\alpha$ subunits in the closed channel have a distinct

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Figure 4. Ribbon diagrams of a single subunit ($\alpha$) viewed parallel with the membrane plane, in orientations such that the central axis of the pentamer (vertical line) is (a) at the back and (b) to the side. The $\alpha$-helices are in yellow; the $\beta$-strands composing the $\beta$-sandwich are in blue (inner) and red (outer). Locations of the N and C termini, Trp149, V46, the Cys-loop disulphide bridge and the membrane (horizontal bars) are indicated. Part of the M3–M4 loop (connecting MA to M3) is missing. Labelling of secondary structural elements and loops in this Figure and Figure 5 corresponds to that given in previous publications.6,10,34
conformation, associated with an alternative arrangement of the β-sheets. The different subunit conformations will be described in detail later.

Subunit–subunit interfaces

The main contacts between neighbouring subunits occur at three levels in the structure (dotted lines, Figure 3(b)), and each of the interfaces exhibits similarly extensive subunit–subunit interactions. Figure 6 tabulates the tentative interactions made between the α subunits and the adjacent β, γ, and δ subunits, based on the estimates of side-chain positions in the refined structure and assuming a cut-off distance for interacting atoms of 3.9 Å. We call the binding-site/disulphide-bridge side of the subunit, the C side; and the other side, the K side. On the C side, residues of the B loop and inner sheet, M2, M3, M3–MA and MA interact with residues of the inner sheet, M2, M1, M1–M2 and 

Figure 5. Aligned amino acid sequences of the four ACh receptor polypeptide chains. The sequences are from T. marmorata, which differ in 48 places (cyan lettering) from those of T. californica (including the absence of the first residue of γ). Locations of the MIR (critical segment in red), named loops, αTrp149 (star), and some key cysteine residues (green background) are indicated. Conserved residues forming the hydrophobic cores of the subunits in the ligand-binding domain and at the boundary between this domain and the membrane-spanning domain are shown with pink and orange background, respectively. Elements of secondary structure, for the α subunits, are indicated above the sequences (yellow, α-helix; blue and red, β-strands composing the inner and outer sheets of the β-sandwich). The exact extents of the α-helices and β-strands are not accurately represented, given the limited resolution, but are similar for all four polypeptides.
MA of the γ and δ subunits. On the γ side, residues of the inner sheet, M2, M1, M1–M2 and MA interact with residues of the A, B and C loops, M2, M3, M3–MA and MA of the β and γ subunits.

The subunits in the ligand-binding domain interact mainly through polar side-chains. Similar sets of interactions occur in AChBP, but they are more extensive in the latter, consistent with the fact that AChBP (in the presence of ligand) has a smaller radius of gyration (29.8 Å compared with 31.8 Å for the ligand-binding domain, calculated from the atomic coordinates), and so is more compact. It is notable that the interfaces on both sides of the α subunits contain charged side-chains, which form probable ion pairs with side-chains on neighbouring subunits (zR79 with βD155, γE154; zdD152 with γR78, δR81). These interactions may be important in stabilising the resting, closed-channel conformation of the α subunits. There are no equivalent pairings between charged side-chains at the non-α, β–δ interface.

In the domain shaping the membrane pore, hydrophobic side-chains projecting from the helices M1, M2 and M3 are mainly responsible for the subunit–subunit contacts. A probable exception is an interaction involving positively charged side-chains on δ, γ (R277, K271) with the side-chains E262 of the α subunits composing the pore-lining “extracellular ring.” The subunit–subunit contacts between the helices occur predominantly in the intracellular leaflet of the bilayer, and implicate relatively few residues on M1 and M3 (Figure 6). At the intracellular face of the membrane-spanning domain, and at the extreme intracellular end of the receptor, there are several additional subunit–subunit contacts implicating the M1–M2 loop, the M3–MA loop and MA. However, the description of these regions may be incomplete, given that parts of the M3–MA loop may be involved that are not visible in the structure.

The narrow interstitial spaces between the contact areas on the subunit interfaces are of special interest because they provide pathways (or potential pathways) for diffusing ions. Most of them are lined by polar or negatively charged side-chains and would therefore be selectively permeable to cations. They occur on both sides of the membrane close to the membrane surfaces. However, the largest open spaces are on the intracellular side, between neighbouring MA helices, and the surfaces framing each of these contain several negative charges (Figure 7).

The intracellular MA helices from each subunit together create an inverted pentagonal cone having five intervening open spaces, or windows, of similar size. These windows represent obligatory ion pathways, since no alternative routes exist for transport into, or out of the intracellular vestibule. The windows have a maximum width of only 8 Å, which is comparable with the diameter of a sodium or potassium ion surrounded by its first hydration shell. The windows would therefore force direct interaction of the hydrated ion with their negatively charged surfaces, facilitating cation transport while electrostatically repelling anions and preventing large ions from going through.

The vestibules

The extracellular and the intracellular vestibules are both narrow enough (~20 Å wide) to ensure that charged groups lining their surfaces would interact electrostatically with the passing ions, yet wide enough not to necessitate direct contact, which could slow their movement. Again, the charged groups are almost entirely of negative polarity (Figure 8(a) and (b)). The resulting cation-stabilising environments would increase the concentration of cations relative to that of anions at both entrances of the narrow membrane pore, and so promote
efficient bidirectional transport of cations through the open channel. As will be discussed later, it is likely that the vestibules (including the intracellular windows) contribute significantly to the charge selectivity of the channel, and that the “selectivity filter” is not just a local region, identified by mutation experiments, at the intracellular end of the pore.

Interactions across subunit domains

Several components of the ligand-binding domain could in principle be involved in communicating the ACh-triggered conformational change to the membrane-spanning domain, where the gate is located. But the structure (Figure 4) shows that only the Cys loop, the $\beta_1$–$\beta_2$ loop and the polypeptide chain (through the covalent connection) make direct contact. The two loops interact with the stretch of amino acid residues M2–M3, linking the M2 and M3 helical segments: the Cys loop by straddling M2–M3 near the N terminus of M3, and the $\beta_1$–$\beta_2$ loop by straddling M2–M3 near the C terminus of M2. It is notable that the Cys and $\beta_1$–$\beta_2$ loops are not in equivalent locations relative to the membrane-spanning domain for all subunits around the pentamer (Figure 9(a)). In the $\alpha$ subunits (which have a special conformation; see below) they are slightly displaced along M2–M3, bringing the $\beta_1$–$\beta_2$ loop 2–3Å closer to the axis of the channel.

The interaction of these loops with M2–M3 involves different amino acid residues, depending on the subunit in question and, in the case of the Cys loop, implicates additional residues near the ends of M1 and M4. However, one set of interactions, involving the consecutive residues FPF, of the Cys loop, and the residues I, Y and F (aligning with $\alpha I274$, $\alpha Y277$ and $\alpha F280$) at the end of M3, is common to all five subunits. The FPF residues project downward from the extremity of the Cys loop towards the membrane to meet the I, Y and F residues extending upward from M3 towards the ligand-binding domain (Figure 9(b)). These six residues are highlighted in Figure 5 (orange background): together they form a cluster, the hydrophobic and predominantly aromatic character of which is conserved throughout the receptor superfamily. The flexible aromatic residues may serve to accommodate movements that occur near the end of M3 during gating (see below), as well as to anchor the Cys loop to the membrane-spanning domain.

Two residues of the $\beta_1$–$\beta_2$ loop appear to be important in forming interactions with M2–M3: the residue aligning with $\alpha V46$ and the adjacent glutamic acid residue (aligning with $\alpha E45$), which is conserved throughout the superfamily. Their side-chains together make an arc embracing the M2–M3 backbone, and may therefore help to fix the end of M2, which is not in contact with the other membrane-spanning helices at this level in the structure. The $\alpha V46$ side-chain ($\alpha V44$ in AChBP) fits into a hydrophobic pocket made by the end residues of M2, consolidating the clasp. However, the side-chains equivalent to $\alpha V46$ in the other subunits seem slightly displaced from the ends of the M2 helices (Figure 9(a)) and do not make equivalent contacts: for example, the lysine residue
on the β subunit (βK46) overlies M2–M3, with the terminal amino group apparently exposed to solvent (Figure 2(b)).

Conformations of individual subunits

The conformations of the subunits in the closed channel were investigated in an earlier study18 by dividing the β-sandwich core of the AChBP protomer into the inner and outer β-sheet fragments, and fitting these fragments as rigid bodies to a 4.6 Å resolution density map. This study had suggested that to a first approximation there are two alternative arrangements of the sheets related by rotations about the Cys-loop disulphide bridge: one arrangement characteristic of the two α subunits and the other characteristic of the three non-α subunits. However, the relatively poor quality of the 4.6 Å map, omission of loop regions and the strict rigid-body approach limited the conclusions drawn. The refined, energy-minimised structure, described here, allowed a more accurate assessment of the alternative conformations of the subunits.

To conduct an initial comparison, we rotated each subunit by a multiple of 72° about an axis normal to the membrane plane to bring it into 5-fold register with a reference subunit. We then aligned it translationally to superimpose the midpoints of the lines connecting the Cα atoms of the pair of cysteine residues forming the disulphide bridge. This comparison confirmed that the inner sheets of both α subunits were rotated anticlockwise relative to those of the other subunits, when viewed from the synaptic cleft (curved arrow, Figure 10(a)). The individual Cα traces showed systematic differences, distinct from differences which could arise from similar, but non-identical subunit structures or from inaccuracies in chain tracing. As before, the rotation axis of the inner sheets was normal to the membrane and in the vicinity of the disulphide bridge. However, to achieve pairwise least-squares superpositions of the inner sheets onto α, the angles were: α5 = +1.6°; β = +10.9°; γ = +11.2°; δ = +11.7°. That is, the measured rotation angles of the α chains, relative to the non-α chains, were about 5° smaller than the values (~15°) estimated previously.

While the anticlockwise rotations in the α subunits applied to the entire set of inner β-strands, including the loop (β2–β3) harbouring the main immunogenic region (MIR), the adjacent N-terminal α-helices were not significantly rotated, but retained orientations similar to those of the non-α subunits. As a result, the α subunits have the N-terminal helix and the MIR separated by a cleft (Figure 2(c)). The wider separation between these two regions in the α subunits may reflect small differences compared with the non-α subunits in the set of interactions that hold the N-terminal helix in place. This helix is not tightly associated with the body of the subunit as it is in AChBP.

We also confirmed the previous finding that the strands composing the outer sheet of the β-sandwich tilt more steeply in the case of the α than the non-α subunits, when viewed from a direction parallel with the membrane plane (Figure 10(b)). However, the differences in tilt of the individual strands (β9, β10, β7 and β4) was not uniform, since the strand β9 of the α subunits runs almost parallel with those of the non-α subunits, and the strand β10 is intermediate between the two
Figure 9. Interaction of loops at the boundary between the ligand-binding and membrane-spanning domains. (a) This is a view down the central axis of the receptor showing, for each subunit, the locations of the Cys loop (α128–α142) and the β1–β2 loop (extended to include α41–α50) in relation to the underlying domain forming the membrane pore; the asterisk and arc on both α subunits indicates the position of the rotation axis relating the inner sheets (see Figure 11(a)). (b) This is a view of the domain boundary (α subunit) from the side, showing the Cys loop and β1–β2 loop in relation to M2–M3 (dotted trace), and the locations of residues mentioned in the text; the large dot at the M3 end of the M2–M3 trace denotes a conserved glycine residue (αG275), which may provide a point of flexure during gating. The Cys loop, the β1–β2 loop, the extension of M1 into strand β10 of the ligand-binding domain, and components of the membrane-spanning domain are in blue, red, green and grey, respectively.

Figure 10. Superposition of backbone Cα traces of portions of the subunits after they have been rotated by multiples of 72° to bring them into 5-fold register and aligned on the Cys-loop disulphide bridge. The slabs shown lie (a) parallel with and (b) obliquely to the membrane plane. (a) A cross-section through the subunits at the level of the disulphide bridge (S–S), as viewed from the synaptic cleft; the curved arrow denotes the anticlockwise rotation of the inner β-strands of the α subunits, relative to those of the non-α subunits; the short arrow denotes accommodating displacements of the outer strands, β9. (b) The four outer β-strands, as viewed from the external surroundings. The inner and outer β-strands have blue and red labels, respectively; the trace colours are: α, black; β, pink; γ, red; δ, purple.
extremes. These disparities reflect a small difference in twist between the β9–β10 hairpins of the α and non-α subunits (∼10° over 20 Å). The β9–β10 hairpin of the α subunit is less twisted, diminishing the overall (right-handed) twist of the outer sheet. The “untwisting” causes the β9 strand of α to be displaced outwards at the level of the disulphide bridge (short arrow, Figure 10(a)), creating the space that is needed to accommodate the anticlockwise-rotated inner sheet.

Refinement of rotation axis

It had been proposed that the α subunits in the closed channel were in a “distorted” configuration relative to the others and that the conformational...
change to open the channel involved movements that brought them into a configuration similar to that of the non-α subunits, making the whole assembly more symmetrical. The rotational movements of the inner sheets played a key role in this mechanism, because of their close association (through the loop β1–β2) with the pore-lining M2 helices. It is therefore of interest to establish the location of the true axis of rotation within the protein subunit. This does not have to pass exactly through the disulphide bridge, provided that the cysteine residue (αC128) associated with the inner strand (β6) and the cysteine residue (αC142) associated with the outer strand (β7) undergo similar small displacements.

To define a common axis, we determined the translations that minimised the rms deviations between the Cα coordinates of the five sets of inner sheets. Following alignment by this criterion, the sheets superimposed tightly on the same semicircular arc (Figure 11(a)), with the α subunits clearly belonging to one group and the non-α subunits to another (values of rmsdCα with respect to αs were: αs = 0.7 Å; β = 2.1 Å; γ = 2.2 Å and δ = 2.2 Å). Pairwise least-squares analyses of different α and non-α combinations then yielded similar locations for the rotation axis, which were centred 8–9 Å from the midpoint position relating to the disulphide bridge (Figure 10(a)). We interpret the line passing through this point (Figure 11(a)), and normal to the membrane, to be the best estimate of the true axis of rotation. The line extends through the hydrophobic core of the ligand-binding domain, the base of the β9–β10 hairpin and between helices M1, M3 and M4, forming the outer protein shell of the membrane-spanning domain (Figure 9(a)).

Figure 11(b) compares the α subunit with a non-α subunit (γ), after this alignment, in the context of the whole β-sandwich domain. As indicated in Figure 10, the anticlockwise-rotated strands of the α inner sheet (grey arrow) are complemented by an outward displacement of the strand β9 of the outer sheet (black arrow), near the “bottom” of this domain.

**ACh-binding region**

The β9–β10 hairpin of the α subunits incorporates the C loop, which is implicated in ACh binding. The C loop is resolved only weakly in both α subunits, suggesting it is flexible in the absence of ACh. Densities are not visible for residues 191–194 in αo, but are present in the equivalent part of αs, possibly because in the crystal lattice the C loop of αs is next to the C loop of an adjacent subunit (see Figure 1), which stabilises its conformation. Figure 12 shows the C loop of the αs subunit and the neighbouring region, with the polypeptide backbones and interpreted side-chain positions superimposed on the experimental densities. The labelled side-chains Y190, Y198, C192 of the C-loop and W149 of the B loop are conserved in ACh receptor α subunits and co-ordinate to the bound ACh analogue, carbamylcholine, in the complex with AChBP.9 Thus this whole region, including the A loop (not visible in the Figure) and the adjacent strands β5 and β6 (γ subunit) and the attached amino acid side-chains. The slab is of the upper part of the ACh-binding region, viewed from the synaptic cleft. Some key residues implicated in ACh binding are labelled. The Cα backbone and side-chains are in red (α) and blue (γ). As indicated, a salt-bridge between αD152 and γR78 may be involved in stabilising the B loop. The superimposed experimental densities show weak features associated with the C loop; contours at 2.0σ (grey) and 3.0σ (cyan).
Facing inner β2 and β6 strands than it is in the other subunits at the level of the binding sites. Clearly, the earlier identification was mistaken, and the actual binding sites are closer to the γ and δ-subunit interfaces in locations equivalent to those in AChBP.6,9

As Figure 12 shows, the C loop projects away from the body of the α subunit in the closed-channel form of the receptor. This is in contrast with (ligand-bound) AChBP, where the C loop projects approximately tangential to the central 5-fold axis,9 and so is closer to the A and B-loop residues implicated in ACh binding. The Cα distance between C192 (C loop) and W149 (B loop), for example, is 12 Å in AChBP, compared with 18 Å in the receptor. These loops must therefore undergo quite large relative movements in order to allow coordination of the binding residues to the ACh molecule: a conclusion consistent with biochemical results implying that the C-loop cysteine residues (C192, C193) move in a few ångström units toward a negative subsite when agonist binds.35

The involvement of the B loop in this local rearrangement is likely to be critical because it joins the outer to the inner β-sheets and therefore must participate directly in effecting their relative displacements, which leads to opening of the channel (see Discussion). The B loops of the α subunits come close to the inner β5 and β6 strands of the γ and δ subunits and so may be stabilised in the closed channel by interactions across the subunit interface. One example is a possible salt-bridge between αV152 and γR78 or δR81 (Figure 12), but there are several other potential contacts with the γ or δ subunits in this region (Figure 6).

**Comparison with AChBP**

Each of the subunits in the ligand-binding domain has a hydrophobic core of conserved residues which are grouped into three clusters, as in the protomer of AChBP.6 The core residues of the receptor (pink background, Figure 5) are equivalent to those identified in AChBP, with the exception of the leucine (αL6) near the end of the N-terminal α-helix. Several hydrophobic residues not identified in AChBP also contribute to the core in the receptor. These residues are conserved among the nicotinic subunits and align with αV35, αL56, αL78, αL80, αL108, αW118 and αF124. The overall matching follows the predicted pattern of inward and outward-facing residues,6,36 confirming that the core three-dimensional structures of all the pentameric subunits are essentially the same.

Furthermore most of the surface loops correlate closely between the two structures, even in regions where the amino acid sequences are not conserved. The hydrophobic Cys loop of the receptor, for example, has a similar fold to its hydrophilic counterpart in AChBP, but for the insertion of the extra residue in the receptor. The insertion extends the “heel” on the foot-shaped loop (Figure 4(a)), so that the loop straddles more completely the M2–M3 linker of the membrane-spanning domain. However, the stretch β5–β7’ (aligning with αV103–αM105) of the ligand-binding domain is significantly different from its counterpart in AChBP, folding inwards toward the core of the subunit. The binding site residue αW149 is thereby exposed more fully to the lumen of the vestibule (Figure 3(a)). Portions of the β8–β9 loops of the β, γ and δ subunits have no counterpart in AChBP, but these regions are also missing from the receptor structure.

AChBP does not have an equivalent of the MIR, a special region at the extreme extracellular end of the α subunits37 that constitutes the major binding site for antibodies in the auto-immune disease, myasthenia gravis.38,39 The critical segment of the epitope of these antibodies has been localised to residues αW67–αD71 (red letters, Figure 5), with αN68 and αD71 contributing most to the antigenicity.39,40 This five-residue segment forms a loop apparently having the same β-folded structure (Figure 2(c)) as was found in NMR studies of peptide–antibody complexes.41 All five residues (including the conserved core residue αW67) appear to be exposed to solvent because of the wide separation between the loop and the N-terminal helix. The equivalent loops of the other subunits have the same fold, but are closer to their respective helices (Figure 11(b)), which at least partly bury the inward-facing residues aligning with αW67 and αD71.

**Discussion**

The refined 4 Å structure reported here provides a chemical interpretation of all the main functional regions of the ACh receptor, as they would appear under near-physiological ionic conditions in Torpedo postsynaptic membranes. Although the final crystallographic R-factor was only 36.7%, limited by the quality of the amplitudes from images, we demonstrated that the polypeptide chains could now be traced with reasonable confidence over the entire length of the molecule (Figures 2 and 12). This included the extreme extracellular and intracellular ends (at high and low tube radius), which were the parts most affected by errors inherent in the helical analysis. It was also possible to use comparisons between the experimental phases and the phases from calculated helical structures (Table 1) to identify and correct for deficiencies in the original data and to validate the agreement between the atomic model and the experimental density map. Such comparisons were not feasible in the lower resolution investigations of the whole molecule. The present interpretation is therefore both more accurate and more detailed than previously, and should furnish a preliminary three-dimensional framework to guide our understanding of the functional properties of this ion channel and of others in the superfamily.

In a recent structural analysis of the membrane-spanning portion of the receptor, we described the
arrangement of $\alpha$-helical segments encircling the (closed) ion-conducting pore,\textsuperscript{10} and suggested how the extended conformational change initiated by ACh opens the gate of the channel through rotational movements communicated along the pore-lining helices. The present study complements that analysis focused on the gate and the membrane pore, providing now a description of the structure around the ACh-binding site. The binding site in the closed channel differs considerably from that in AChBP, where ligand is present, indicating that the binding reaction is accompanied by a localised structural rearrangement. Comparison of AChBP shows that the localised changes blend naturally with the larger-scale structural changes, yielding a simple explanation (discussed below) for how the binding reaction is used to drive the extended conformational change. Given the improved understanding of this initial step, it is now possible to sketch a complete picture of the series of coordinated events leading to opening of the channel.

**Special conformation of the $\alpha$ subunits**

Our analysis of the ligand-binding domain confirmed that the subunits of the closed channel have two alternative extended conformations: one characteristic of either $\alpha$ subunit, and the other characteristic of the three non-$\alpha$ subunits.\textsuperscript{18} However, the refined structure enabled more accurate measurement of their differences. We determined that the inner sheets of the $\beta$-sandwich composing this domain are rotated by approximately $10^\circ$ in both $\alpha$ subunits relative to the non-$\alpha$ subunits (i.e. about $5^\circ$ less than estimated earlier), about an axis normal to the membrane plane. We determined that the rotation axis lies 8–9 $\text{Å}$ from the Cys-loop disulphide bridge, so that it passes almost centrally between the ends of helices M1, M3 and M4 forming the outer protein shell of the membrane-spanning domain (Figure 9(a)). We also observed, as before, that the outer sheets of the $\beta$-sandwich have slightly different orientations in the $\alpha$ compared with the non-$\alpha$ subunits (Figure 10(c)), and were able to show in this study that the $\beta_9$–$\beta_{10}$ portion of the $\alpha$ outer sheets has a reduced twist.

Several interactions across the subunit–subunit interfaces were identified that might be involved in stabilising the special conformation of the $\alpha$ subunits. These occur on both sides of both $\alpha$ subunits and implicate residues on the B loop as well as on the inner $\beta$-sheets. Salt-bridges are likely to be important, since they are present only at interfaces made with the $\alpha$ subunits. The “untwisted” configuration of the $\beta_9$–$\beta_{10}$ hairpin may be stabilized through an additional set of interactions unique to the $\alpha$ subunits: possibly through a salt-bridge between D200 on $\beta_9$–$\beta_{10}$ and K145 on $\beta_7$ at one end, and a hydrophobic contact between $\alpha$210 on $\beta_9$–$\beta_{10}$ and the Cys loop at the other end (see Figure 9(b)). Since these inter and intra-subunit interactions are similar, or the same, for both $\alpha$ subunits, one would expect their three-dimensional structures to be the same. With the exception of differences at the binding site (where the C loop of $\alpha_b$ is disordered), and of variations in side-chain conformations (which could not be resolved), this seemed to be the case.

**Local rearrangement associated with ACh binding**

We call the special conformation of the $\alpha$ subunits a “distorted” conformation because these subunits convert to a conformation similar to that of the non-$\alpha$ form, and of (ligand-bound) AChBP, when the channel is opened by ACh.\textsuperscript{18} It is as if the $\alpha$ subunits are held initially in a distorted (or tense) state, by the interactions just described, and the energy of binding overcomes the distortions, allowing the $\alpha$ subunits to convert toward the (relaxed) non-$\alpha$ form that they would have if these interactions did not exist (in analogy with other allosteric proteins).\textsuperscript{42} By comparing the binding site region of the $\alpha$ subunit (having no ligand present) with the corresponding region of AChBP (having ligand bound) we can obtain insight into how the local disturbance associated with the binding reaction drives the movements that overcome the distortions, allowing the $\alpha$ subunits to relax. AChBP provides a close analogue of the binding site in the receptor,\textsuperscript{43} although the C loop of the $\alpha$ subunit has an extra residue at P197. In particular, both proteins contain the same set of aromatic residues, which arrange in a tight “box” around the quaternary ammonium group of the bound molecule.\textsuperscript{9}

Figure 13(a) and (b) give simplified representations of the binding-site region shown in Figure 12 and the equivalent region of AChBP to which the ACh analogue, carbamylcholine is bound.\textsuperscript{9} Comparison of these free and ligand-bound structures shows that the B and the C loops would both close in around the ACh molecule to enable coordination of the relevant side-chains: the B loop by rotating clockwise (large arrow) and the C loop by a twisting and rotating movement (small arrows). The A loop (not shown) would also be involved, but the indicated movements are smaller.

The AChBP protomer can be aligned translationally to the rotation axis relating the inner $\beta$-sheets of the receptor, after optimal superposition of the pentamers, and thereby identified unequivocally with the non-$\alpha$ conformation (Figure 11(a)). Such an alignment also allows a realistic superposition of the protomer with the $\alpha$ subunit to simulate how the local rearrangement would be communicated to the $\beta_1$–$\beta_2$ loop (and from there to the gate in the membrane). As Figure 13(c) shows, the B loop is joined to strand $\beta_8$ of the inner sheet, and the inner sheet itself would act as a rigid connecting link, transmitting the clockwise rotation initiated at the B loop to the $\beta_1$–$\beta_2$ loop on the opposite face of the subunit. Alternatively the change (pink to green) can be regarded as a conversion from the distorted to the (relaxed) non-$\alpha$ form of the subunit. The implication is therefore that the ACh-binding
reaction would drive the movements to open the channel by initiating a local rearrangement that makes the non-α conformation more stable.

Several of the residues participating in the local rearrangement may play key roles in enabling the larger scale movements, and hence in coupling the binding reaction to opening of the channel. The glycine residue αG153 (Figure 13(a)), for example, may help in conferring flexibility on the B loop as would be needed to enable the linked movements of the inner sheets. The mutation αG153S is in fact a naturally occurring mutation, causing a slow channel congenital myasthenic syndrome in which the channel reopens more readily than in the wild-type.44,45 The aspartic acid residue αD200 (Figure 13(a)), through interaction with strand β7, may help in constraining the twist of the β9–β10 hairpin in either of the alternative conformations. The mutation αD200N is another well-characterised mutation that leads to impaired gating of the channel.46,47 Mutations of the A, B and C-loop residues αY93, αW149, αY190 and αY198, which interact directly with bound ligand in AChBP,9 also affect gating.48–51

**Propagation of the conformational change**

The conversion of the α subunits to a non-α-like conformation is the major extended conformational change controlling channel opening, according to the structural differences revealed in receptors briefly exposed to ACh.17,18 As analysed here, the transition would involve mainly rigid-body movements of the inner and outer-sheet parts of the β-sandwich and small rearrangements or readjustments by the connecting loops. The inner sheet would be the primary structural element determining the gating function of the channel, making use of a rotational movement to effect a displacement of the β1–β2 loop next to the helix lining the membrane pore; whereas the outer sheet would provide the structural framework needed to initiate the rotational movement and to accommodate the displacements involved. At the same time, disturbance of the neighbouring subunits would be minimised by having the rotation axis normal to the membrane plane.

The twist of the α-subunit β9–β10 hairpin seems likely to play an important role in coordinating these movements. We showed that it is “untwisted” in the closed channel, creating room for the inner sheet to be in the rotated-anticlockwise position (Figure 10(a)). In the open-channel, it would be “twisted”, as in a non-α subunit, fitting (together with the β8–β9 loop) against the inner sheet in the rotated-clockwise position. Because of the complementary nature of changes such as these, the

**Figure 13.** Comparison of the ACh-binding region in the α subunit with ligand-bound AChBP9 suggests how the local rearrangement caused by ACh initiates the extended conformational change to open the channel. The Figure shows: (a) simplified Cα traces of the ligand-binding region of the α subunit, with labels identifying parts mentioned in the text; (b) the equivalent region of AChBP complexed with carbamylcholine (PDB entry 1UV6); (c) the two regions superimposed after alignment to a common rotation axis (Figure 11(a)), and extension to include the two β1–β2 loops, which are connected to the B loops through the inner sheets (arcs). The α subunit is in the closed-channel conformation, whereas AChBP is an analogue of the open or desensitised state.76 Closure of the B and C loops around the bound agonist changes the orientation of the B loop (large arrow in (b)) and twist of
relative displacements between the inner and outer parts of the β-sandwich, in the interior of the subunit, would be quite small. In fact, no fundamental difference was detected between the α and non-α subunits in their interior organisation, suggesting that the relative displacements would be accommodated through minor adjustments in torsion angles of the inward-facing side-chains.

**Coupling to the membrane**

How do the rotational movements in the ligand-binding domain communicate through the M2 helices to open the channel? The limited resolution of this study, the absence of a high-resolution structure of the open channel and the limited information available from mutagenesis studies do not yet allow a definitive answer. However, the structure suggests that the β1–β2 and the Cys loops may together influence M2–M3 at either ends to control the gating movements. The β8–β9 loop is also implicated (Figure 10(a)), but it does not extend to the membrane-spanning domain.

One possibility is that the fast gating of the M2 helices, in the absence of a ligand-binding domain, would be analogous to that of M2 peptides in lipid bilayers, which open and close constitutively like the authentic channels, and that these motions are disallowed by the α subunits in their closed-channel conformation. The β1–β2 and Cys loops are 2–3 Å closer to the end of M2, along the M2–M3 linker, in the α than in the non-α subunits (Figure 9(a)). In these locations they might respectively lock M2 in its closed configuration and restrict the flexure of M2–M3 conferred by the conserved glycine residue (zG275) at the end of M3 (Figure 9(b)). When ACh binds and the loops rotate back toward their non-α locations, these restrictions could be relieved, allowing the fast gating motions to occur.

A displacement of the two loops over M2–M3 is consistent with the change in accessibility during gating of the residue α1A284 of the GABA_A receptor, since this residue (aligning with αL273) lies between the β1–β2 and Cys loops on M2–M3. However, an alternative possibility is that the specific interaction involving αV46 on the β1–β2 loop is maintained, and that the loop movement promotes opening of the pore by drawing the end of M2 away from the axis of the channel. Whatever the precise nature of the coupling, the fast gating kinetics implies that the activation energy required to switch between the open and closed pores is very small. Only a minor structural perturbation should therefore be sufficient to tip the balance one way or the other.

**Coordinated gating movements**

The opening and closing of the ACh receptor channel is usually regarded as a concerted process, whereby the whole protein switches rapidly between alternative “pre-existing” conformations. It may also be considered in terms of a “conformational wave”. However, it is better understood mechanistically if the action is broken down into a series of coordinated events. The structural details described above, and previous results focusing on the membrane pore, now provide a complete (simplified) model for the series of coordinated events leading to opening of the channel. The steps would be: (a) ACh enters the two binding sites, causing loops B and C of the α subunits to close in around the bound molecule; (b) the resulting local rearrangement reduces the stability of distorted form of the α subunits in favour of the relaxed (non-α) form; (c) the extended conformational change is therefore initiated, displacing the β1–β2 loops of α over the ends of their respective M2 helices; (d) the displacements unlock the interactions that restrict the rotational movements of the pore-lining helices; (e) the helices move, destabilising the weak hydrophobic interactions holding the gate together, so that it breaks apart.

Our results imply the α subunits are the principal mediators of the conformational change that opens (or closes) the channel, whereas the other subunits contribute critically in influencing ACh binding and in stabilising closed-channel conformation of the α subunits so that they can make the appropriate response. In addition, a clear distinction can be drawn between the movements in ligand-binding domain and in membrane-spanning domain, where the structure is more symmetrical and the subunits contribute equally to the opening sensitivity of the pore. The gating appears to occur by fast cooperative movements of helices lining the membrane pore, while the ligand-binding domain may function as a controlling device that either disenables or facilitates these movements.

**Ion selectivity and conductance**

The three-dimensional structure reveals a scattered distribution of charged groups lining the inner walls of both vestibules (Figure 8), and so highlights the fact that it is the overall effect of many side-chains that gives rise to the electric fields that would influence ion flow through the narrow membrane pore. This picture complements the findings of mutagenesis combined with electrophysiological experiments, where the focus is directed at individual side-chains.

Mutagenesis experiments have shown, for example, that the cation conductance of the muscle-type Ach receptor is strongly diminished by reduction of the negative charge of the “intermediate” ring (at zE241 in Figure 8(b)) near the intracellular end of M2. Also ion selectivity of the α7 ACh receptor was changed from cationic to anionic by altering the charge on this ring, inserting a proline next to it and substituting a residue in the pore. Similar changes in ion selectivity have been observed with other members of the superfamily on changing the equivalent amino acid residues near the intracellular end of M2. Consequently, this
The narrowest region of the membrane pore, determining ion flow through the ACh receptor, is at the intracellular end of M2 near zT244.22 But the lateral windows of the intracellular vestibule are equally, if not more constraining, and in other channels may restrict the total flux to the extent that they play a rate-limiting role. Evidence that this does occur has been obtained recently by combined mutagenesis and electrophysiological experiments on (cation-selective) 5-HT$_3$ receptors.65 The single channel conductance of the recombinant homomeric 5-HT$_{3A}$ receptor was <1pS, but co-expression with the 5-HT$_{3B}$ subunit increased the conductance more than 40-fold. The poor conductance of the homomeric channel was attributable to three arginine residues, which align with the window-framing residues of the receptor (green bars; Figure 14(b)). Mutation of the arginine residues in the 5-HT$_{3A}$ receptor to their neutral or negatively charged 5-HT$_{3B}$ counterparts overcame the anomalously low conductance of the homomeric channel, as the structure would predict.

Therefore, while the intracellular vestibule of the ACh receptor appears to function primarily as an electrostatic filter, screening out ions of the wrong charge and size, in other members of the superfamily it may have the additional role, related to the particular subunit combination, of determining the conductance of the channel.

General conclusions

This analysis extends earlier electron microscopic analyses of the ACh receptor in Torpedo post-synaptic membranes, imaged either in the absence of ACh, or following brief exposure to ACh to trap the open-channel form. The results together suggest that the channel has the following properties that are fundamental to the way it works:

The main ligand-binding $\alpha$ subunits, in the closed channel, are in a “distorted” state, which is stabilised by inter and intra-subunit interactions. In the conformational change to open the channel, the main ligand-binding subunits are the principal mediators, leading to a concerted rearrangement in the membrane involving all the helices lining the pore.

The bound ACh opens the channel by causing a localised rearrangement that stabilises the

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**Figure 14.** Distribution of charged residues on MA helices shaping the intracellular vestibules of transmitter-gated ion channels: (a) as found in this study for a cation-selective channel; (b) homology model of MA helices of a related anion-selective channel (human glycine receptor $\alpha_1$ subunits; amino acid residues 369–394). The panels show C$^\alpha$ traces, with bars denoting the C$^\alpha$–C$^\beta$ bonds of residues having negative (red) or positive charge (blue); the view is from the synaptic cleft. In (a) the inside of the vestibule and the windows for the ions are lined predominantly by negatively charged groups, whereas in (b) the opposite distribution applies. Also shown on one of the helices in (b) are the locations in the (cation-selective) 5-HT$_{3A}$ receptor of three arginine residues (green bars); the single-channel conductance increases dramatically when these residues are mutated to neutral or negatively charged residues.65
alternative “relaxed” conformation of the ligand-binding subunit.

The transition to the open state involves rotational movements in the ligand-binding subunits, which unlock their interactions with the pore-lining helices keeping the channel closed.

The gating movements are quite small, being restricted energetically by the need to preserve the conserved hydrophobic cores of the subunits.

The ionic surfaces of the vestibules play an important role in facilitating the selective transport of cations through the channel.

The high level of amino acid sequence conservation, and the functional specificities able to be achieved with chimeric channels,\textsuperscript{66} imply that all channels of the Cys-loop superfamily are constructed around the same three-dimensional framework and function according to the same global principles. These principles applying to the ACh receptor are therefore likely to apply, with minor variations, to other members of the superfamily.

\section*{Methods}

\subsection*{Model building}

The amino acid sequences of the four \textit{T. marmorata} polypeptide chains\textsuperscript{67,68} were used to create the starting receptor structure for the refinement. This structure was modelled initially by fitting fragments of the chains to the experimental densities using the program O.\textsuperscript{36} The membrane-spanning region was modelled from the original coordinates (PDB entry 1OED). The extracellular region was modelled from coordinates of the pentagonal \textit{p2} surface lattice. The criterion for inclusion of the model at later stages in the refinement. In the case of the isolated densities corresponding to a single subunit, no additional editing of individual layer-lines or solvent flattening\textsuperscript{32} was performed.

\subsection*{Helical structures and phase comparisons}

Structures representing each helical family (i.e. having the same symmetry elements and average unit cell dimensions) were built from the coordinates of the modelled receptor using the program HILXBLD (written by M. Stowell). Helical transforms were then calculated from the tube structures to yield the continuous variations in amplitude and phase along layer-lines located at multiples of the helical repeat. The phase variations along the layer-lines, calculated in this way, should ideally match the phase variations along the same layer-lines obtained from the Fourier transforms of the images. In practice, however, the presence of noise prevents perfect agreement from being achieved.

One important source of noise was the overlap of layer-lines and consequent mixing of Bessel terms having different orders.\textsuperscript{14} This gave rise to spurious amplitudes that were weakened, but not entirely removed by the averaging. We describe below an objective method used to weaken the effect of spurious amplitudes by identifying and eliminating layer-lines where the amplitudes are dominated by noise. Application of this method brought about a significant improvement in the quality of the density map, as assessed by comparison between the measured and calculated phases (Table 1).

\subsection*{Treatment of noise along layer-lines}

To distinguish layer-lines containing a weak signal from those containing no signal we measured the PQ and \textit{F}/\textit{BKG} values averaged over the first (strongest) portion of each layer-line (i.e. from \(R = n/2\pi r_{\text{max}}\) to \(R = n/2\pi r_{\text{min}}\) where \(n\) is the Bessel order, \(r_{\text{max}}\) and \(r_{\text{min}}\) are the outer and inner radii of the tube). We then selected layer-lines for retention based on the ratio of the mean values, \(\Phi_e = \text{PQ(\text{F/BKG})}\), i.e. the mean amplitude-weighted “Figure of merit”. It can be shown that \(\Phi_e = 1.414\) (i.e. \(\sqrt{2}\)) for a strong layer-line, and 0.900 (i.e. \(\sqrt{2/\pi^2}\)) for a layer-line containing only random terms. Figure 15 plots \(\Phi_e\) versus \textit{F}/\textit{BKG} for layer-lines of the \((-16,6)\) family.

A conservative value of \(\Phi_e = 0.877\) for inclusion of the layer-lines resulted in \(\approx 20\%\) of them being eliminated from each data set, while the agreement between the measured and calculated phases in all four cases improved by 2–4%. We used this threshold figure in deriving the final density map.

\subsection*{Crystallographic refinement}

Torsion angle refinement was performed in CNS\textsuperscript{72} using maximum likelihood (amplitude target), after placing the isolated densities corresponding to a single receptor in a \textit{P1} orthogonal unit cell (Table 2). To facilitate measurement of, and correction for possible effects of tube flattening (see Results), the central axis of the receptor (which lies radially to the axis of the tube) was
aligned with the c axis of the cell and overall anisotropic
temperature factors were used. Atomic scattering factors
for electrons were used without taking account of
chemical bonding effects or charge. The R-factors
were calculated over the range: 100–4 Å, with 5% of the
terms being used for the calculation of $R_{\text{free}}$. Throughout
the refinement, the value of $R_{\text{free}}$ was monitored with
parallel measurement of the helical phase residuals,
obtained by comparing the experimental with calculated
phases from structures of tubes. A reduction in
$R_{\text{free}}$ was considered valid only if it was not accompanied by an
increase in the phase residual. The geometry of the final
model was examined with the program PROCHECK.72

The Figures were prepared with the programs MOL-
SCRIPT,73 SETOR74 and GRASP.75

**Atomic coordinates**

The coordinates have been deposited in the Protein
Data Bank with accession code 2BG9.

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